



## **NATIONAL REPORT**

**Wroclaw, Poland 8<sup>th</sup> to 9<sup>th</sup> May 2026**

The Bulgarian Medical Association (BMA) insists on the immediate start of negotiations with the National Health Insurance Fund and the urgent signing of an Annex to the National Framework Agreement, which should provide for an increase of at least 25% in the prices of medical activities. The reason for this demand is the deepening financial problems in the healthcare system, which put its normal functioning at risk. According to our data, expenses in the sector have risen by about 85% in recent years, while the prices of medical services remain frozen at 2024 levels. This imbalance creates serious tension and makes the system economically unsustainable.

The BMA's position is supported by a wide range of healthcare organizations, including hospital associations, university and private hospitals, as well as representatives of outpatient care. All of them report an inability to cover current expenses, which calls into question access to quality medical care. Despite increased revenues from health insurance contributions, the funds are not being used effectively to stabilize the system, while there is a risk that the financial pressure will be shifted onto patients through additional payments, which would undermine the principles of solidarity and accessibility in healthcare.

The Bulgarian Medical Association warns that without urgent measures, the healthcare system may reach a critical point, with consequences for both medical professionals and patients. Active involvement from the state and the Minister of Health is needed as a mediator in the process, regardless of the political situation. Updating the prices of medical activities is seen as a key step toward ensuring sustainability, predictability, and the normal functioning of the system. In the context of rising costs and external crises, healthcare cannot continue to operate with outdated financial parameters without this leading to serious negative consequences for society.